PA NEN is Excited to Announce 2010 Summer Workshops

Mixing it Up: Edible Nutrition for Kids and Families

PA NEN is offering an a la cart culinary-nutrition workshop for food and nutrition professionals who teach low income children and families about food and nutrition. Each session will include hands on activity and interactive group discussions. Click here for dates, locations and to register.

Report your nutrition programming from now until July 30th and you will automatically be entered to receive a FREE registration to the Mixing it Up workshop at the Gettysburg or Bethlehem location! Click here to enter.

National/Local News

National

Calorie Count Goes National

USDA Announces Grants to Stop Hunger

Millions forced to wait for food stamps benefits

FDA Needs Food Safety Overhaul: Report

Small changes steer kids toward smarter school lunch choices

Michelle Obama recruits nation's top chefs to take her calorie-cutting campaign to school kids

In Mississippi, Growing Vegetables in a 'Food Desert'

Moms' full-time work tied to childhood obesity

More education efforts needed over sodium intake

Local

Philadelphia: Bill would extend Phila. schools' Universal Feeding program

Harrisburg: Penn State study urges parents to keep cap on soda
Journals

**Canadian Journal of Dietetic Practice**
Barriers to Healthful Eating and Supplement Use In Lower-income Adults (abstract only)

**Today's Dietitian**
Keys to Clear Communication — How to Improve Comprehension Among Patients With Limited Health Literacy

Resources of the Week

**USDA ERS Report**
Promoting Fruit and Vegetable Consumption: Are Coupons More Effective than Pure Price Discounts?

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