PA NEN - Weekly Food & Nutrition News Nibbles

Week of April 12th, 2010

SNAC NEWS
12 more SNAC newsletters are now available in Spanish! Click here for more information.

PA NEN Needs Your Help!
If you currently run nutrition programming for the low-income audience please fill out a short questionnaire to report on your programs. Your information will help PA NEN create an online database so members can see what programs are being done across the state. Click here for 1-2 programs
Click here for 3-6 programs
Congratulations to Tracy Arnold, winner of the FREE registration to PA NEN’s Annual Conference 2010!

National/Local News

National
GAO: Government Food Programs Need to Trim the Fat
A week of family meals on a food stamp budget
Skepticism over NY proposal to ban HFCS
School nutrition and gardening classes aim to grow healthy eating habits
Meatless Mondays comes to Hopkins' cafeteria
Child Obesity Soaring in Rural America
SNAP/Food Stamps Participation in January 2010 Hits New Record

Local
Erie: What is your nutritional carbon footprint?
Pittsburgh: Group's new cookbook extends a practical hand (National Extension Association of Family and Consumer Sciences)
Journals

*Journal of Hunger & Environmental Nutrition*

**Food Cost Perceptions and Food Purchasing Practices of Uninsured, Low-Income, Rural Adults (abstract only)**

**The Relationship Between Food Security and Poor Health Among Female WIC Participants (abstract only)**

Resource of the Week

**Institute of Medicine**

Public Briefing Invitation-The Institute of Medicine of the National Academies is releasing a report in a 1-hour telephone public briefing on Friday, April 23, 2010. The report, *Bridging the Evidence Gap in Obesity Prevention: A Framework to Inform Decision Making*, defines a new process to help decision makers use evidence when determining what actions to take as they confront the obesity epidemic and other complex public health issues.